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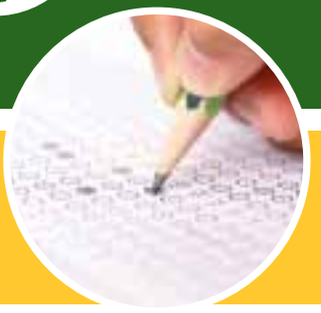

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ROCK STICKS IT TO HOLLYWOOD

The Academy Awards got the drubbing it deserved. 18

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March 14

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Bronx, N.Y.
6:30 p.m.
March 15

Westchester
West Harrison, N.Y.
6:30 p.m.
March 16

KILLED FIRST DAY ON JOB

1 A Virginia police officer was fatally shot during her first day on the job and two of her fellow officers were wounded when they responded to a domestic disturbance in a Washington, D.C., suburb, authorities said on Sunday. Ashley Guindon, a rookie officer on the Prince William County Police, was struck by gunfire and later died of injuries sustained during the incident on Saturday evening, a day after she joined the force, the department said. REUTERS

4 STABBED AT KKK RALLY

2 Four people were stabbed, one of them critically wounded, on Saturday in a scuffle between members of the Ku Klux Klan and counterprotesters near a planned KKK rally in Anaheim, California, police said. Thirteen people were arrested following the melee, including one Klan member who was accused of stabbing a counterprotester with a flagpole, said Anaheim Police Sergeant Daron Wyatt. Several counterprotesters were taken into custody after stomping a KKK member on the ground, Wyatt said. REUTERS

NEW DATA PACT WITH EU

3 The U.S. has set out limits to its use of data collected in bulk about European citizens after a new information-sharing pact was agreed this month, according to documents seen by Reuters. A clear explanation of what information could be used for — preventing its "indiscriminate" and "arbitrary" use — was a key condition of the new Privacy Shield framework that enables firms to easily transfer personal data to the United States. REUTERS

7 THINGS YOU NEED TO KNOW

CELEBRATION IN NEWARK

7 Rashed Anthony and Michael Nzei of the Seton Hall Pirates celebrate after defeating the 5th-ranked Xavier Musketeers, 90-81, on Sunday at the Prudential Center in Newark, New Jersey.

ALL PHOTOS BY GETTY IMAGES

BICYCLIST FATALLY STRUCK

4 Police are investigating the death of a 41-year-old bicyclist who was struck early Sunday morning in Brooklyn. Police discovered the victim unconscious and unresponsive in the road at 9th Street and 5th Avenue with severe trauma to the body. Emergency personnel took the man to Methodist Hospital where he was pronounced dead. Based on an initial investigation, police said the man was riding his bicycle westbound on 9th Street when he was struck by a gold-colored sedan traveling northbound on 5th Avenue. ANGY ALTAMIRANO

UTAH POLICE SHOOTING

5 Police in Salt Lake City, Utah, faced rock-throwing protesters after officers shot a young man who was involved in a fight with another man late on Saturday, the city's police department and local media said. There were conflicting reports about the age of the man who was shot. He was taken to a local hospital and no other details were immediately available Sunday on his name or condition. The shooting comes as police departments nationwide are under increased scrutiny over allegations of excessive force. REUTERS

POT BUST, 300 POUNDS

6 Police officers from the Manhattan North Narcotics seized 150 pounds of marijuana that was being delivered to 144 Bleecker Street. The officers were on the scene as the three suspects — identified as Patrick Johnston, 46, from Manhattan and Staten Island residents Matthew Parrigo, 27, and Christopher Bender, 27 — took the delivery of a large wooden crate, which contained the marijuana. On the delivery truck, according to authorities, police discovered an additional wooden crate, which also had 150 pounds of marijuana. ANGY ALTAMIRANO

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This suspect is being sought for taking over $15,000 in medication from pharmacies in midtown Manhattan. NYPD

Suspect wanted for taking over $15K in over-the-counter medicine from Manhattan pharmacies

In each incident the man would take the medication from the shelves, put them in bags and leave without paying.

ANGY ALTAMIRANO
@MetroNewYork
letters@metro.us

Police are asking for the public's help in identifying a man they said stole thousands of dollars in over-the-counter medication from Manhattan Duane Reades in the past two months — hitting one store three times.

The first incident occurred on Jan. 2 at 9:28 a.m. when the man allegedly entered a Duane Reade at 22 West 48th Street and removed $199 in medicine from the shelves, placed them in a bag and left the store, according to authorities.

Less than an hour later, at 10:08 a.m. on the same day, the man went to a Duane Reade at 711 3rd Avenue where he allegedly removed a quantity of over-the-counter allergy medicine from shelves, put them into a bag and exited the store. He then returned, took additional medicine and left. In total, the stolen merchandise was worth $5,350, police said.

A week later, on Jan. 9 at 10:20 a.m., the suspect entered the Duane Reade at 1370 Avenue of the Americas where he allegedly took $2,647 worth of medication from shelves, placed them into two bags and left the store.

On Jan. 16 at 10:55 a.m., the suspect allegedly returned to the pharmacy at 711 3rd Avenue — this time with another person acting as a lookout — and took $2,651 in medication and personal care products, according to cops.

The following weekend, on Jan. 24 at 9:35 a.m., the suspect entered the Duane Reade at 1350 Broadway with another male suspect, police said. One suspect took $1,725 in medication from shelves, placed them in a bag and left. The second removed $1,261 in medicine and left with the merchandise in a bag.

On Feb. 1 the initial suspect allegedly returned to the Duane Reade at 711 3rd Avenue and removed $1,572 in over-the-counter allergy medicine from the shelves and left the store.

Police have released surveillance photos of the suspect from the Duane Reade locations at 1370 Avenue of the Americas, 711 3rd Avenue and 1350 Broadway.

Anyone with information in regards to these incidents is asked to call the NYPD's Crime Stoppers Hotline at 1-800-577-TIPS (8477) or for Spanish, 1-888-57-PISTA (74782).

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BRIEFS

Man rubs himself against subway rider: Cops

Police are looking for a suspect they said rubbed his groin against the backside of a woman while onboard a Manhattan subway last week.

On Feb. 24 at about 6:30 p.m., the 28-year-old victim said she saw the suspect get onboard the L train at the Union Square subway station, according to authorities.

The suspect then lifted the victim's jacket with both hands, while he grabbed and rubbed his groin against her buttocks, police said. The man then got off the train at the Jefferson Avenue station.

Police described the suspect as a 25-year-old Hispanic man with a light complexion, about 5-feet-11 and 180 pounds.

Three men arrested in attempted delivery of 300 pounds of pot

In a delivery gone wrong, three men are now facing charges of criminal possession of marijuana after police found them allegedly trying to deliver 300 pounds of the drug in Greenwich Village.

On Feb. 26 at 1:20 p.m., officers seized 150 pounds of marijuana that was being delivered to 144 Bleecker Street.

Patrick Johnston, 46, from Manhattan and Staten Island residents Matthew Parrigo, 27, and Christopher Bender, 27 allegedly tried to unload a large wooden crate containing the drug.

Cops said they also found 150 pounds of marijuana in the truck.

All three men were arrested and charged with criminal possession of marijuana.

ANGY ALTAMIRANO

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Feds look to return Roman statue stolen in 1983, sold at NYC art gallery

After finding out it was stolen, the statue's current owner turned it over to authorities.

ANGY ALTAMIRANO
@MetroNewYork
letters@metro.us

The United States is looking to return the Torlonia Peplophoros statue, which was stolen from Rome in 1983.
MANHATTAN U.S. ATTORNEY PREET BHARARA

Authorities are helping an ancient statue make its way back home after it was stolen over three decades ago.

Manhattan U.S. Attorney Preet Bharara and officials from the New York Field Office of the FBI announced last week that the United States is seeking to forfeit and return a Roman statue — called the Torlonia Peplophoros — which was stolen in 1983 from Rome and later sold at a Manhattan art gallery.

"The Torlonia Peplophoros was stolen in a brazen theft more than 30 years ago, and we are proud to have recovered it so it can finally be returned to its rightful owners," Bharara said. "We will continue to work with our law enforcement partners to recover and return stolen treasures no matter how long they have been missing."

According to prosecutors, the Torlonia Peplophoros was one of 15 statues and other items that were taken from the Villa Torlonia in 1983 by an unknown number of thieves.

After it was abandoned in 1947, the Villa Torlonia — which from 1925 to 1943 was used as Benito Mussolini's personal residence — was opened to the public starting in 1978 after being restored by the Municipality of Rome.

The Villa Torlonia was home to various works of art and other significant cultural property, authorities said, including the Torlonia Peplophoros.

The statue — which depicts a woman wearing a body-length garment known as a peplos or peplum — was imported into the United States in the late 1990s by the owner of a New York City art gallery, authorities said.

The piece of art was then sold in 2001 for about $81,000 to a New York City resident, according to prosecutors.

Once the buyer found out that the statue was stolen, after attempting to sell it through a New York City auction house, the individual voluntarily turned it over to the FBI in 2015.

"Stolen artwork and culture items belong with their rightful owners no matter how much time has passed since the theft," said FBI Assistant Director-in-Charge Diego Rodriguez. "The FBI is pleased to help with the return of the Torlonia Peplophoros to its rightful home in the Villa Torlonia museum in Rome."

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3 Ways Indian Accent is not a typical Indian restaurant

An acclaimed New Delhi restaurant makes the leap to NYC.

EVA KIS
@thisiskis
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New York has been home to the polar opposites in Indian cuisine for years, but the space between Junoon and Curry Row is becoming more interesting.

First, it was last summer's neon-colored newcomer with a swagger, Babu Ji. Now, New Delhi's new classic Indian Accent has made the trek to Midtown West next to Le Parker Meridien hotel. Executive Chef Manish Mehrotra came over with the restaurant and told us a little more about how he's running a different kind of kitchen.

If you go:

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Expand your horizons

Is butter chicken your yardstick for an Indian restaurant? At Indian Accent, you'll have to fork over a $14 supplement for it — the menu consists of two ($55), three ($75), four ($95) and chef's choice ($110) courses. Not only that, it won't be presented like you expect: Mehrotra wraps this classic curry, as well as saag paneer, inside a pocket of nan bread, then cooks it in a tandoor oven. His nan doesn't use self-rising flour, which makes the resulting kulcha thinner and crispier than the nan most diners know.

The unique presentation, a signature dish in India, too, allows for the contrasts in texture that are often lacking in Indian food. But it's also a way to get diners to order something more adventurous. "Indian food has to move forward," explains Mehrotra. "The whole idea was there is so much in India to offer but people outside India know very few dishes."

Traditional and modern at the same time

"In India also, the concept was that we follow tradition because [change] cannot come without tradition," Mehrotra says. "So all our recipes, the curries, the masala, we follow the traditional method." The modern part comes in with ingredients and presentation. Ever seen quinoa on an Indian menu before? Mehrotra makes it pulao style with silken tofu kofta. Tamarind sea bass gets a bed of herb barley in Kerala moilee, a coconut milk-based stew. And while almost 75 percent of the menu is what's served in New Delhi, Mehrotra found ways to bring New York into the restaurant. The kulcha can be stuffed with smoked bacon or pastrami in mustard butter, while vindaloo is made with pork belly.

Home is where chef's heart is

Mehrotra has no interest in adding his own entry into the endurance race of hottest dishes. That's because it's a restaurant gimmick — Indian Accent is meant to be like the kitchen of an Indian home. "All the dishes are cooked in such a way that they're not oily or extraordinarily spicy or chili-based food. At home, we don't eat chilis in India; my mother never made spicy food at home," he says. "[At restaurants] you eat curry-based food, or heavy food with cream and butter, and chili. But at home, you eat simple food, and definitely spices are there, but for flavor, not to make the food hot."

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GETTY IMAGES

BOLARIS' WEATHER WATCH: MILD EARLY THIS WEEK, BUT THEN...

Bolaris' Weather Watch

The months of December, January and February are considered the winter season as far as climatologists go, which means the meteorological winter ends today.

For everyone else, winter ends on the vernal equinox of March 20 – popularly known as the official arrival of spring. That doesn't mean we can't get hit with a rare snowstorm in April, or have a wet snow falling on Opening Day.

It's been a strange winter. In Philadelphia and New York City, it will go down as one of the warmest winters on record at the same time Central Park was snow-slugged with the second biggest snowstorm on record on January 23-24 with a whopping 26.8 inches of blizzard snow. At the same time, Philly picked a season's total of 22.3 inches and Boston dodged the snow bull's-eye with a little over 8 inches.

Let's not forget Valentine's Day weekend, when a record-setting cold air mass (the coldest since 1957 in Boston) invaded the Northeast as we scrambled for the warmth of our loved ones' arms, hopefully your partner. On a side note I would anticipate a baby boom nine months from that bitter February weekend ... just saying.

Unseasonably mild temperatures will continue to be with us through the first half of this week. It certainly was a beautiful Sunday, but look for a continuation of mild temps for today, although a few scattered morning showers may dampen your Monday spirits.

March will come in like the proverbial putty cat on Tuesday with a good deal of sun and temps rising into the lower 50s.

I do have morning showers in the forecast Wednesday, but temps are still on the mild side in the lower 50s. A cool-down for Thursday; back into the 40s.

The only day of concern this week will be Friday, with a strong East Coast storm to develop near the Carolinas. Right now I see a track out to sea and not up the coast. There are still uncertainties, so follow me on Twitter @weathersavior for any changes.

BRIEFS

Gang member sentenced to 30 years to life in prison for killing bystander outside Brooklyn barbershop

A Brooklyn man will spend a minimum of the next three decades behind bars for killing an innocent bystander when he attempted to shoot members of a rival gang.

Breeze King, 22, was sentenced to 30 years to life in prison on Feb. 26 after being convicted on Jan. 28 on charges of second-degree murder and second-degree criminal possession of a weapon.

According to prosecutors, on Sept. 28, 2011, at about 5:30 p.m. King — who is a member of a gang — encountered two gang rivals on a Brooklyn street and began shooting at them.

One of the men ran into a barbershop at 358 Marcus Garvey Blvd., authorities said, and at that time 79-year-old Andrew Burke — who had been standing in front of the barbershop — was struck in the neck and then died from the gunshot wound.

About a year after the incident, a witness came forward and identified King as the shooter, prosecutors said. Another witness also added that King admitted to his role in the shooting when they were both in custody at Rikers Island.

"We will not allow gang members to settle their scores by shooting guns in our streets, and the long sentence this defendant deservedly received shows our commitment to vigorously prosecute anyone who does," Brooklyn District Attorney Ken Thompson said.

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Hillary Clinton has one eye on Trump after huge win in South Carolina primary

Without mentioning Trump's name, the former secretary of state made it clear she was already thinking about taking on the real estate mogul whose recent string of victories made him the favorite to be the GOP nominee.

ILLUSTRATION BY BILLY BECERRA, METRO

Fresh off a runaway win in the South Carolina primary, Democrat Hillary Clinton turned her sights to a possible match-up with Republican front-runner Donald Trump in the Nov. 8 presidential election.

Clinton shot down Trump's campaign slogan of "Make America Great Again" and his plans to build a wall on the U.S.-Mexican border.

"Despite what you hear, we don't need to make America great again. America has never stopped being great," she told supporters in her victory speech in South Carolina, pausing for applause then adding, "but we do need to make America whole again."

"Instead of building walls, we need to be tearing down barriers," said Clinton.

Clinton said she was not taking anything for granted after crushing Democratic rival Bernie Sanders on Saturday by 48 points and likely setting herself up for a good Super Tuesday night on March 1, a key date in the nomination battle.

But if Clinton and Trump win big on Tuesday as polls suggest, the chance of a general election match up between them increases, adding another twist to a presidential campaign that has defied convention as voters vent frustration over economic uncertainty, illegal immigration and national security threats.

A Trump-Clinton election would embody the outsider vs. establishment battle in American politics. Trump has never been elected to public office, while the former first lady has been a player in Washington for decades.

South Carolina Democratic voter Teri Faust, 59, said Clinton would be better able to take on Trump than Sanders, a senator from Vermont.

"Bernie wouldn't stand a chance against him. Hillary is strong," said Faust, who met Clinton when she came to her church two years ago and again on Clinton's first campaign trip to the state when she held a roundtable for minority women business owners.

REUTERS

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Twin suicide bombing kills 70 in Baghdad's deadliest attack this year

Police said the suicide bombers were riding motorcycles and blew themselves up in a crowded mobile phone market in Sadr City, wounding more than 100 people in addition to the dead.

A twin suicide bombing claimed by Islamic State killed 70 people in a Shiite district of Baghdad on Sunday in the deadliest attack inside the capital this year, as militants launched an assault on its western outskirts.

A Reuters witness saw pools of blood on the ground with slippers, shoes and mobile phones at the site of the blasts, which was sealed off to prevent further attacks.

Iraqis inspect the site. GETTY IMAGES

In a statement circulated online, Islamic State said it was responsible for the blasts: "Our swords will not cease to cut off the heads of the rejectionist polytheists, wherever they are," it said, using derogatory terms for Shiite Muslims.

Iraqi forces backed by airstrikes from a U.S.-led coalition have driven Islamic State back in the western Anbar Province recently and are preparing for an offensive to retake the northern city of Mosul.

But the militants are still able to strike outside territory they control, often targeting members of Iraq's Shiite majority, most recently on Thursday when two Islamic State suicide bombers killed 15 people at a mosque in the capital.

Prime Minister Haider al-Abadi said the attacks were in response to Islamic State's recent defeats: "This gang targeted civilians after it lost the initiative and its dregs fled the battlefield before our proud fighters," he said on his official Facebook page.

At dawn on Sunday, suicide bombers and gunmen attacked Iraqi security forces in Abu Ghraib, seizing positions in a grain silo and a cemetery, and killing at least 17 members of the security forces, officials said. REUTERS

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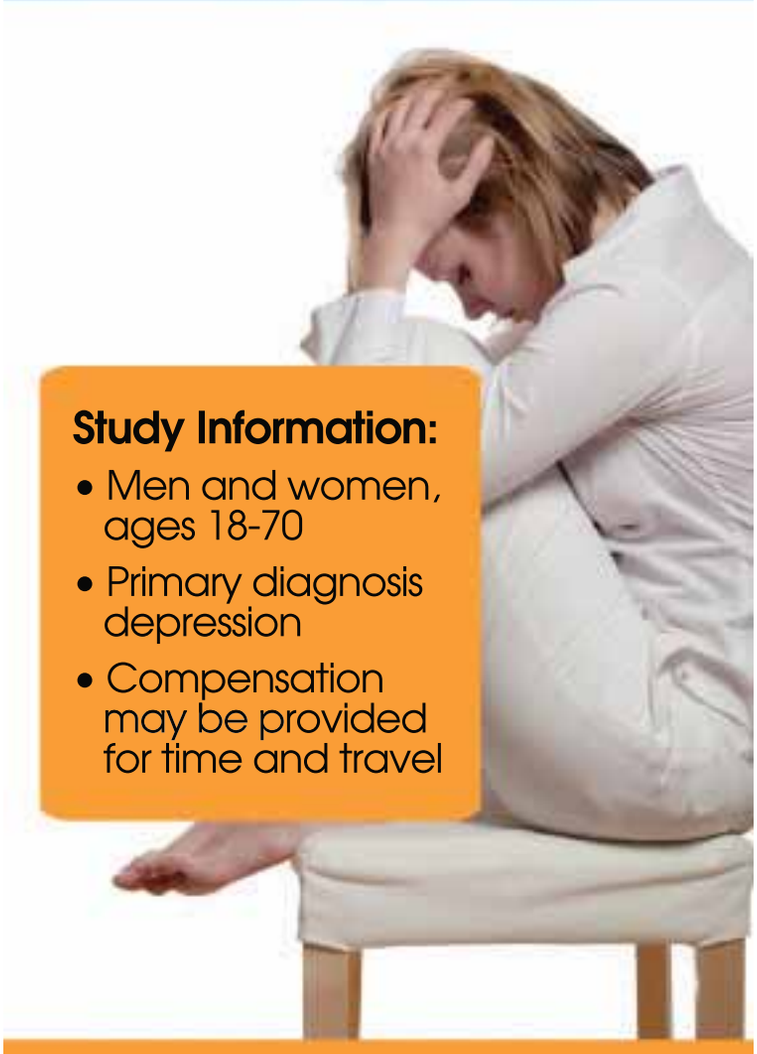

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Syria rebels say attacks by army and Russian planes threaten truce

Debris of the collapsed buildings are seen after Russian air-strikes hit residential areas in the Kaptan al-Jabal town of Aleppo, Syrian. GETTY IMAGESE

The Syrian opposition warned on Sunday that attacks by the army, backed by Russian warplanes, threatened a U.S.-Russian deal for a cessation of hostilities with collapse and endangered future peace talks.

The agreement, which is in its second day and has drastically curbed violence but not stopped it entirely, is the first of its kind to be attempted in four years.

In a letter to U.N. Secretary-General Ban Ki-moon, the opposition said violations would undermine international efforts to guarantee the continuation of the truce and lead to the collapse of the U.N.-adopted political process.

The Riyadh-based opposition body said Russian war planes on Sunday staged 26 bombing raids on areas where rebel groups abiding by the truce were operating and accused Moscow of deploying cluster bombs on residential areas it alleged caused many civilian casualties.

A Syrian military source on Saturday denied the army was violating the truce agreement. Russia's defense ministry declined to comment.

Under the accord accepted by President Bashar al-Assad's government and many of his foes, fighting should cease so that aid can reach civilians and talks can open to end a war that has killed more than 250,000 people and made 11 million homeless.

The head of the Russian coordination center in Syria, Sergei Kuralenko, said the plan was holding "in general" but said there had been nine violations of the truce in the past 24 hours. REUTERS

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THOUSANDS of knee arthritis sufferers flock for this advanced medical treatment - How they relieve pain while you suffer

Knee Arthritis Pain: The Untold Story

Why patients come from all over the country for this knee arthritis pain treatment and why waiting drastically decreases your chance to live a pain free life again

OsteoRelief Institute is a medical clinic with multiple locations in New York City that has treated thousands of knee arthritis patients.
Here is what every knee arthritis sufferer should know about the best treatments and options available today. And why waiting drastically decreases your chances to live a pain free life again.

The information you are about to read can possibly save you from years and years of agonizing knee pain.
It might even keep you from getting total knee replacement surgery.
Please pay careful attention. What you are about to read is a cutting-edge medical treatment... but it is NOT what it appears to be at first glance.
In fact, I'm going to have to ask for a bit of patience from you if you have already ***unsuccessfully*** tried any (or many) other knee arthritis pain treatments.
You see, many knee arthritis sufferers had already tried the treatment we are going to talk about and did not get the results they wanted. But I assure you there is something VERY DIFFERENT about the technology and the way we do this treatment that makes it much different.
And often gets results when many others have failed.
This is why patients come from all over the tri-state area

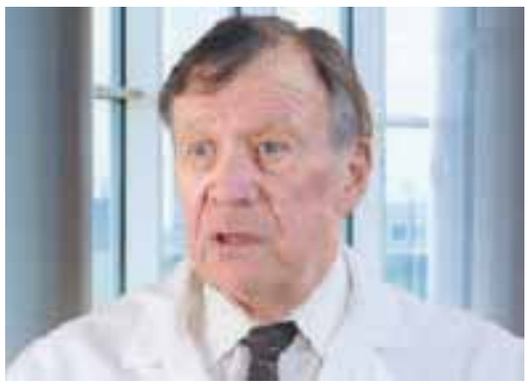
Pharmaceutical companies (with the help of scientists) can now make synovial fluid-like compounds that... during viscosupplementaiton treatments... doctors precisely inject directly into the knee joint. This helps replace the lubricating fluid to the knee joint - allowing it to move more freely and smoothly and often decreasing or even eliminating the pain.

What Results CanBe Expected?
Like all medical treatments, the results vary and can not be predicted. In fact, it is impossible to predict results and there are no statistics proving what the "average" patients can expect. Everyone is individual and gets individual results - so we never tell anyone to expect the same results as any of our other patients. **But to be 100% clear -** many knee arthritis sufferers get dramatic results. It is not uncommon for patients to either postpone knee replacement surgery for years... or even permanently cancel it.

What Are Treatments Like?
Treatments are simple, fast and virtually painless. The total time of the procedure itself is only 10 minutes and most say it is like getting a flu shot. You walk out of the clinic just minutes after your procedure.

But There Is A BIG Problem
The key is the treatment must be EXTREMELY PRECISE. If the injection is slightly off, the medication will not get into the knee joint and the treatment will

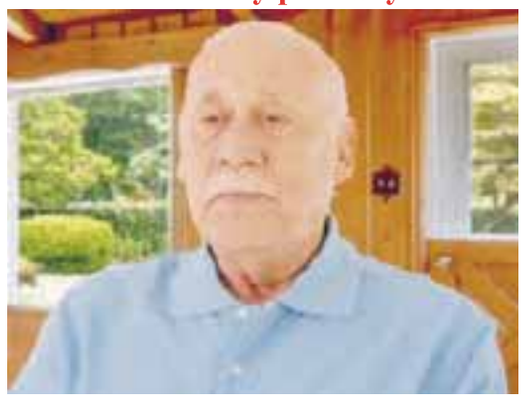
"I cannot ask for better results"



Dr. Stanley Weiner, M.D. - Surgeon

I had surgery scheduled last year. Three month before I made an appointment with OsteoRelief Institute. I was amazed at the ease with which I was evaluated and the treatment schedule implemented. **The results I had at OsteoRelief Institute were outstanding. I cannot ask for better results.** After the treatment I was able to go back to work with no discomfort at all. They use a digital monitor to locate the space that they use the treatment for and it's... it's like exact science.
Dr. Stanley Weiner

"I don't have any pain any more"



After I had the treatments the last tuneup I just

"Hey this feels terrific"

I was diagnoses bone on bone about 2 years ago I went to see an Orthopedic Surgeon and he said my knees were shot and I need to get them replaced. OsteoRelief said after looking at x-rays they could help. **That procedure is so basic so simple so quick in 15 minutes you are in and out**. I did both legs at once which is great. When I got up out of the chair I stood up and I said, ***"Hey this feels terrific."***

"I feel like a new woman - It's amazing."

and beyond to have their knee arthritis pain treated here.

Would You Like Instant Proof?

If you want instant proof - you can just look at all all the actual patient testimonials we have included. These patients were once skeptical just like you... and are now either pain free... or eliminated quite a bit of their pain.

Here's the most important thing: Many said they saw this information SEVERAL times before finally deciding to take action and give us a call. As you can see - they are happy they did. Once crippled with knee pain, they are playing golf again, dancing again, riding bikes again and going for long walks again.

But we do get one very common complaint.

And it is: "I wish I started this treatment much sooner."

Let's be very clear about this.

Time is the most precious thing. There is no way to slow it down - or get any back once it is gone. All the more reason for you to not suffer even one more second than you have to. Missing life suffering in pain is a tragedy. It's time for you to get rid of your knee pan and start living the life you want and deserve.

And please understand this: One of the keys to success in medicine is early diagnosis and treatment. Like many diseases, arthritis only gets worse over time. The longer you wait - the more damage to your knee and the more pain you will be in. If you wait too long, the entire knee joint will be degenerated and your ONLY option will be total knee replacement.

If you are suffering with knee arthritis pain, here is why you should act RIGHT NOW: When you have arthritis, you suffer a decrease in the lubricating fluids in your knee. In other words, your knee joints basically "dries up." The lubricating fluid that decreases is called "synovial fluid."

not work.

That's why the experts at OsteoReleif Institute use advanced digital imaging so they can see the injection going directly into the knee joint during the treatment.

Research shows that doctors performing joint injections without imaging miss the joint as much as 30% of the time.

If you had viscosupplementation without this special digital imaging without good results - this may be why.

That's why OsteoRelief Institute even takes it one step further. They do not just use one form of advanced imaging during treatment - they use two in their "double confirmation" process. This is to ensure patients get the best possible results.

Another Important Factor

Viscosupplementation medications also come in several different brands and chemical make-ups.

Just like all medications, some people respond better to some than others. While many doctors only use one brand, the experts at Osteorelief Institute use several and great effort is taken to figure out what the best one for YOU is.

What To Do Next If You Are In Pain: *Special Your Invitation*

OsteoRelief Institute offers a limited number of complimentary knee arthritis treatment screenings every month. These screenings are a way for knee arthritis sufferers to get some of their questions answered and see if they are a candidate for one of the cutting-edge treatments offered at OsteoRelief Institute. For a complimentary screening, just call 800-227-KNEE. The screenings fill up fast every month. This screening is no cost and there is no further obligation. Call 800-227-KNEE to schedule your screening. Many of the treatments offered at OsteoRelief Institute are covered by many insurance plans and Medicare. Call 800-227-5633 to schedule your screening.

go right to the golf course. I'm able to keep up with these guys who walk - I'm right next to them! My guys on the golf course would say Hey, look at this he doesn't need us to put the ball up any more.

When I'm playing on the course I don't have any pain any more I don't have any aches and pain. I'm out there playing!

"I feel like a new woman"

I came to the clinic because I was not sleeping at night. My leg was Pounding. There were times when I sat too long the knee would tighten up. I would get in pain and I would be miserable and I would have it for the whole night. **After the treatment I goof around with my grandchildren. I feel like a new woman.** It's great. I know I don't have to sit on the couch and be in pain and I can just pick up and get dressed and go out. It was so gentle.

It got to the point where I couldn't stand up for a period of time and I knew something had to be done about it. You walk into the doctors office - he puts your leg in a machine - he shows you where he is going to do the procedure and before you know it... it's done and you're outta there. Now I'm able to take out my bicycle a couple of the guys and myself we took a couple of rides out in the woods and we had a good time and ***I couldn't do that for years and now I'm able to do it again.***

The pain was excruciating like 24/7. Nothing I took over-the-counter would work so I knew it was something more serious.When I saw that my condition was not getting any better, I decided to do something about it and I immediately made an appointment - I went and started treatment. **The feeling of getting back to my dancing and my mobility is indescribable. I feel like a new woman - It's amazing.**

"I am ecstatic with the results of this procedure"

One day, as I was running, my knee got tighter and tighter. I had to stop and just walk home. They x-rayed me and said I was a candidate for it. You sit there for about 2-3 minutes and then you are up and walking out the door. I am ecstatic with the results of this procedure because I could not run just weeks before. I ran my race without any issues. I felt good - it just opened a door that was closing.

"I Can Finally Live My Life"

Prior the the relief center I was taking (9:30) and I was becoming addicted to it and it was damaging my health. Since the treatment, I've been able to be less dependent on them. I don't feel helpless anymore. **Since going through the procedure I can finally live. I can finally live my life.**

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Tech CEO calls Trump 'unfit' to be president

Meg Whitman, the head of technology firm Hewlett Packard Enterprise Co., said on Sunday that Donald Trump was "unfit" for the U.S. presidency, and criticized New Jersey Gov. Chris Christie, whose failed presidential bid she supported, for endorsing Trump.

Trump's insurgent campaign has riven the Republican Party, with party leaders openly discussing how to thwart the will of the tens of thousands of members who have voted for Trump so far, helping him comfortably win in three of the four states that have so far held nominating contests.

Christie, who scrapped his own presidential bid earlier this month, became the most prominent Republican figure to break ranks with party leadership by endorsing Trump on Friday ahead of this week's "Super Tuesday" contests, when voters in 11 states go to the polls.

Hewlett Packard CEO Meg Whitman
GETTY IMAGES

Whitman, who was a co-chairwoman of the national finance committee of Christie's campaign, said in a statement to reporters that Trump would take the country on "a dangerous journey" and that Christie was aware of this.

"Chris Christie's endorsement of Donald Trump is an astonishing display of political opportunism. Donald Trump is unfit to be president", said the statement from Whitman, who is chief executive and president of Hewlett Packard Enterprise and chairman of HP Inc.

She called on Christie's donors not to follow him to Trump, who has predominantly funded his campaign with personal loans. Representatives of Christie and Trump did not respond to requests for comment.

REUTERS

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Scarlett Johansson posts a 'normal' photo of herself

@SCARLETTJOHANSSON/FACEBOOK

Scarlett Johansson has a message for young women about the Hollywood image machine, and she made it by posting an untouched, makeup-free photo that's supposed to be unflattering (I guess?) but still looks pretty amazing because she's ScarJo. Still, it's the thought that counts. "I have seen young girls follow celebrities and try to be one of them. They try to attain perfection, have the perfect body, perfect skin tone. They aren't fully aware of the fact that behind the looks there are a lot of designers, makeup artists, and Photoshop/video editing. Their whole sense of beauty is flawed," Johansson writes. "You should be carefree. Love the real you. The way you are so that even if you are without makeup, you can look into the mirror and with a big smile embrace your imperfections. Just imagine if you don't even love yourself how do you expect anyone to love you. So first and foremost learn to love yourself by being who you are and not what the world wants you to be."

ALL PHOTOS GETTY IMAGES UNLESS STATED OTHERWISE

Kesha takes a much-needed vacation

In the wake of a pretty tumultuous week of courtroom defeats, surprise Taylor Swift funds and celebrity support, Kesha did what any sane, embattled pop star would do: She jetted off to the Bahamas with her boyfriend. Just one day after posting a song thanking her supporters online, Kesha and Brad Ashenfelter were spotted sporting pretty big smiles as they made their way through LAX to board a flight to the tropics. And paparazzi photos have shown the pair having a well-deserved relaxing time in Turks and Caicos this weekend.

Donald Trump doesn't have Charlie Sheen's vote

Sure, Aaron Carter made the bold choice this weekend of adding himself to the list of "celebrities" who have endorsed Donald Trump's presidential bid, but we may have found the one celebrity whose lack of an endorsement could actually hurt the Donald's campaign: Charlie Sheen is speaking out about the "Apprentice" boss, and if there's anyone Trump supporters look up to, it's Charlie Sheen. The "Anger Management" star tweeted an Abraham Lincoln quote directed at Trump — "a farce or comedy is best played, a tragedy is best read at home" — before imploring, "America please WAKE UP!" along with the hashtag "anyone but Trump." Sheen previously called Trump "a shame pile of idiocy" whose words are "as poignant as a sack of cat farts" in a tweet from July of last year that he deleted soon after.

@BEVERLEYMITCHELL/INSTAGRAM

How about a '7th Heaven' cast reunion?

"X-Files," "Full House," "Gilmore Girls" — TV show reunions and relaunches are getting pretty common, so naturally "7th Heaven" fans would want in on the nostalgia action. Well, there are currently no plans for bringing the show back — especially with disgraced star Stephen Collins' sexual abuse scandal still so fresh in everyone's minds — so this will have to do: Several cast members showed up to support former co-star Jessica Biel as she opened a new restaurant, Au Fudge, in L.A. this weekend. Beverly Mitchell, Barry Watson, Mackenzie Rosman and Catherine Hicks stopped by to wish her well, as seen in an Instagram post by Mitchell. "Love these people like family," she wrote.

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Chris Rock brings the pain to the Academy Awards

The comedian tried to mix playing not-so-nice with giving Hollywood the drubbing it deserved.

MATT PRIGGE
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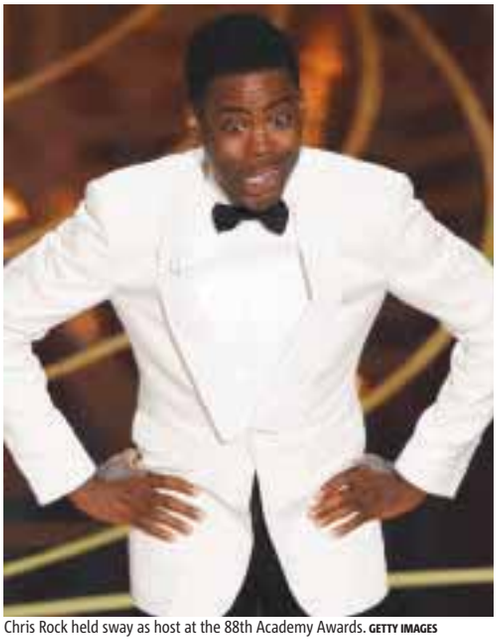
matt.prigge@metro.us



Chris Rock held sway as host at the 88th Academy Awards. GETTY IMAGES

This has been one hot mess of an Oscar season — but it was the kind of hot mess that might lead to a less crappy Oscars.

There was #OscarsSoWhite, which revealed a voting body truly oblivious of its own, largely white, largely male privilege. There was the sole trans nominee (for the song "Manta Ray," from the doc "Racing Extinction") not even getting invited to the ceremony. There were snubs, including Michael B. Jordan, Tessa Thompson and Ryan Coogler for "Creed" and, most annoyingly perhaps, young adorbs Jacob Tremblay for "Room."

But surely the biggest and best screwup was this: Before any discussion of race had gone down, no less than Chris Rock had already been announced as host.

It was the comedian's job to burn the Oscars down so they can finally begin anew. When he took the stage Sunday night, he didn't do quite that, but he didn't mince words. Some of them were reserved for the diversity movement itself: He pointed to the long history of black snubs over the ceremony's 88-year history, cracking, "When you're grandmother's swinging from a tree, it's hard to care about Best Documentary Short." He was even cruel to some activists; about Jada Pinkett Smith, he snapped, "Her boycotting the Oscars is like me boycotting Rihanna's panties: I wasn't invited."

Whether Rock was trying to not burn bridges is unclear, but he did allow that Hollywood wasn't full-on racist, but "racist in the way you've grown accustomed to. Hollywood is 'sorority racist." And he identified the real problem: Hollywood's lack of non-white roles. His biggest ire was perhaps justly reserved for Hollywood liberals, who, he said, were nice to black people without casting them. "We want opportunity. We want the black actors to get the same opportunities as white actors."

Sadly, Rock couldn't stop Sam Smith from warbling uncomfortably through the worst Bond song ever — which later mysteriously took home the Best Song trophy.

But he was mostly tasked with keeping things angry yet funny, which was fitting for a show that kept feting "Mad Max: Fury Road." George Miller's action movie-cum-feminist salvo won three awards in a row — plus a few more it would win through the evening. For awhile it was easy for the film's ardent fans to feel like it may sweep the Oscars, seeing as it kept beating sure-thing title "The Revenant" for award after award. But they were for technical awards; the biggies were for everyone else.

The one genuine upset came later, when "Bridge of Spies" spy Mark Rylance won the Best Supporting trophy over Sylvester Stallone's autumnal, heartbreaking appearance in "Creed." Perhaps Rooney Mara losing for "Carol" was an upset, too, but Alicia Vikander's quietly heartbreaking work in "Ex Machina" was the kind of shock that's OK to live with.

Color and fun at the Oscars

Hollywood's biggest stars ditched traditional black on the biggest red-carpet night of the year. TINA CHADHA

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Brie Larson in Gucci

Saoirse Ronan in Calvin Klein

Cate Blanchett in Armani Prive

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Sisters' third act

Folk duo Lily & Madeleine try something new on their third studio album.

RACHEL RACZKA
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Singing siblings Lily and Madeleine are on tour once again. STACY NEWGENT

Folk sister act Lily & Madeleine drew comparisons to fellow ethereal flower crowning duet First Aid Kit with their debut EP "The Weight of the Globe" and the 2014 followup, "Fumes, from Sufjan Stevens' Asthmatic Kitty Records. The (then) teenagers, Lily and Madeleine Jurkiewicz, toured the world, released a couple of videos and were able to make waves, making fans out of cool girl pubs like Rookie Magazine and ELLE.

Now the Indianapolis natives are back with a third album ("Keep It Together" from New West Records) and tour. They called us from home before hitting the road.

Are there any noticeable differences in "Keep It Together" from "Fumes"?

Madeleine Jurkiewicz: The writing process was different for us this time around. Instead of collaborating on everything, we separated and wrote in different places. That means listeners can tell our individual styles. Like, this is more of a Madeleine track or this is more of a Lily song.

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How can you tell the difference?

Lily Jurkiewicz: Well, a Madeline track is a little more of a narrative and more dramatic lyrically, and Lily is a single stream of thought and a little more direct.

You recorded "Keep It Together" with an all-female band. Did that enhance the vibe at all?

LJ: I don't know if it was the fact that they were females, or that they were just our really good friends. With our producer there was just the four of us. Last album where we'd have 10 people in a room. It was too many voices.

You started out so young and gained a pretty youthful audience. Is that still your crowd?

LJ: I don't feel like I'm trying to sing to a certain group, but I'm just trying to express my personal experiences and thoughts.

Do you think it's become easier for artists now?

MJ: I think being a young artist at a time where the Internet is controlling everything is good in a way, because you're able to share so much. But it's easy to get swept up when everything is hyped up and crowded. I feel like you need to sift through and know who you are in order to not be overwhelmed or taken advantage of.

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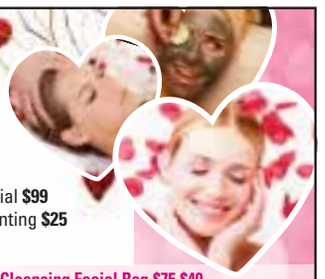

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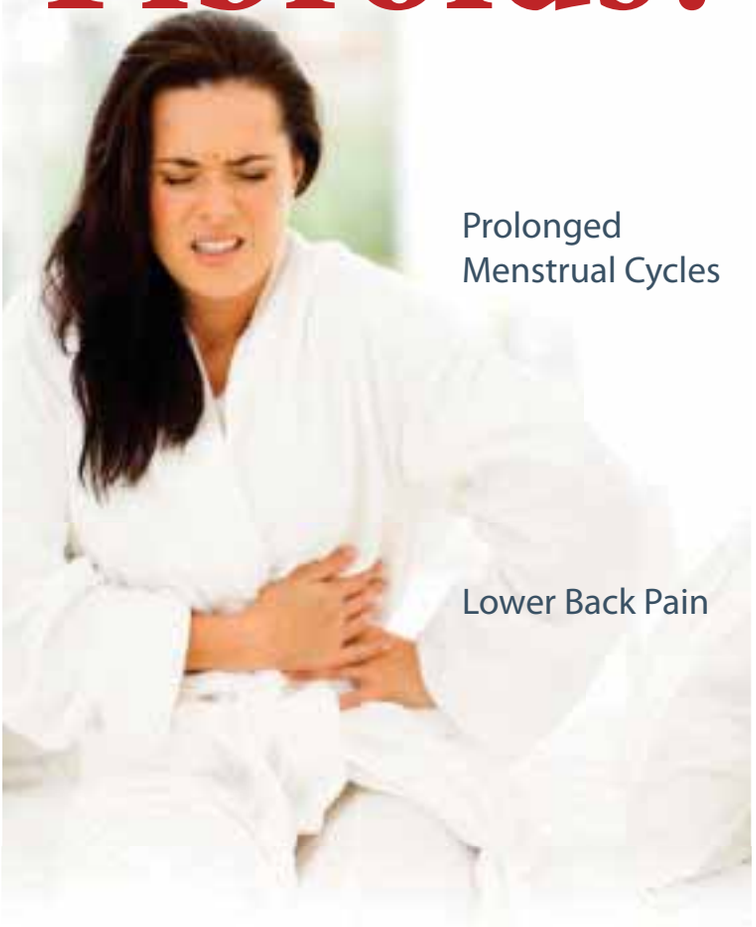

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- ☑ Frequent urination
- ☑ Pelvic pain and pressure
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HOW TO GET AHEAD

Grading the new SAT

Are you going to fail the new SAT?

ALIZAH SALARIO
@Alirosa
alizah.salario@metro.us

Compared to the old SAT, is the new SAT 1) easier; 2) harder; 3) equally mind-numbing; or 4) all of the above? If you guessed 4, you're correct.

The new SAT, which debuts March 5, is very different — but not necessarily less painful — than the old one.

Back in 2014, the College Board announced it was revamping the SAT to better reflect both the skills students learn in high school and those they need to succeed in college.

For the most part, the new test meets these goals, says David Kim, who founded test prep company C2 Education out of his Harvard dorm room in 1997.

"The old test really contributed to a lot of anxiety in the way questions were asked, and the way answers were posed. It's not a psychologically friendly test," says Kim, who notes that the new test has more of "a lock-step correlation" between practice and results. "The nature of the passages are more aligned with what one is expected to be exposed to in high school," Kim says.

OK, great, but is the test still horribly tedious? Probably, but that, of course, is not the intention.

"The College Board, and colleges and universities, said we want applicants who have a good command of data and critical thinking," says Lee Weiss, vice president of Kaplan Test Prep's college admissions program. The new test is designed to gauge these skills.

As for whether it's harder, Weiss says "it's going to differ for who's taking it. If you were strong in vocab, you might have preferred [the old test]."

So sharpen those pencils and get a good night's sleep, but keep things in perspective, advises Kim.

"The SAT is only one part of the college admissions process. There are multiple things that an admissions officer will be looking at. It is not the end all be all."

Just don't forget to fill in the bubbles for your name.

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We rounded up some unconventional advice from the guest editors of "Up Your Score: The Underground Guide to Outsmarting "The Test."

Joshua Mandell, Yale University:
"The day before my SAT, I ran up and down a big hill next to my house for an hour straight. While the neighbors might have worried for my sanity, it was actually a good way to replace my nervous adrenaline with calming endorphins."

Zachary Mandell, Cornell University:
"Next time you read an article a friend posts on Facebook, read it like you would an SAT passage. ... Think about why your friend might have chosen to post the article. Think about why the author makes the argument that she does, how she does so and whether or not her techniques are successful.

Ada Throckmorton, Stanford University:
When I first opened my score and saw the 2400, I remember being annoyed and telling my mom that I knew the test was out of 2400, but couldn't find my actual score. It took another couple of minutes staring at the computer screen to realize I had actually received a perfect score, and a lot longer to believe it.

There are major changes to the test's structure and content

How exactly is the new SAT different from the old SAT?

- **No penalty for wrong answers:** In the old test, students were docked .25 points for each wrong answer. Now students can guess without getting points deducted.
- **Scoring structure:** The new score is out of 1600, not 2400
- **No more random vocabulary:** The old SAT was notorious for asking questions about the definitions of obscure words; the new SAT asks students to define a word based its context.
- **Revamped essay:** Instead of a personal essay, students will be asked to read a passage and then explain how the author is persuading the audience. Also, the essay is optional (but recommended by test prep experts).
- **Evidence-focused reading:** Students are asked questions about the text, and then asked which piece of evidence best supports that answer.
- **Graphs and charts galore:** There's increased emphasis on questions that make students infer information from graphs and charts, especially in the reading section.

View sample SAT questions at **metro.us**

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The art of networking for awkward people

Go ahead, talk to strangers.

ALIZAH SALARIO
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Shyness and anxiety can hold us back — but they don't have to. ISTOCK

Networking requires a little finesse and a lot of chutzpah — and not everyone has both. Whether you're socially awkward or downright misanthropic, making connections behooves you — and your career.

"Our society is interdependent. Not one of us is going to be successful alone. We need each other for information, support, ideas — we need to have a safety net, and that's based upon the network of people you have," says Susan RoAne, better known as "The Mingling Maven," a keynote speaker and the author of "How to Work a Room."

Follow these tips from the experts for approaching networking with confidence.

Be a giver

Networking feels awkward when "there's an undertone of an agenda," says Ashley Stahl, a career coach who helps young adults find their dream jobs. "A lot of people feel this tug and pull between getting something out of [networking] for their career and trying to be authentic. Who wants to be a taker?" Instead of focusing on what others can do for you, Stahl suggests entering a room with a "service consciousness" and the intent of helping others.

Adjust your effort — and your attitude

Stepping outside your comfort zone isn't going to be a cakewalk, but it doesn't have to be torture, either.

"If you come in thinking 'I hate networking,' what you project is a sour attitude, so who's going to really want to talk to you?" says RoAne.

Making up your mind to make an effort can transform your overall networking experience, suggests Stahl. "If you're feeling a bit overwhelmed, a great way start is to give yourself a quota of how many people you're going to build a relationship with," she says. Met your quota? Consider it a win.

Practice your serve, then follow through

To up your mingling game, says RoAne, "prepare your own introduction of seven to nine seconds linked to the specific event you're going to. Give not your title, but the benefit of what you do." After meeting someone, "you always want to send them a nice-to-meet-you email," says Stahl. "There's something special about reaffirming that you met, and letting them know you remember something personal about them."

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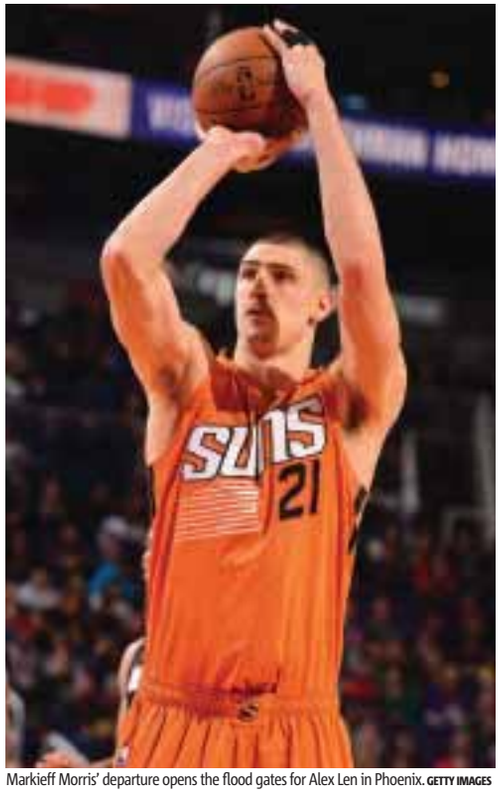
Adam Levitan is a Fantasy Sports columnist for Metro US. He is also a DraftKings analyst and co-host of The Daily Fantasy Football Edge podcast. @AdamLevitan



Markieff Morris' departure opens the flood gates for Alex Len in Phoenix. GETTY IMAGES

If you slept through this year's NBA trade deadline, you didn't miss much.

The snoozefest included a fistful of minor deals as teams stood pat in anticipation of the upcoming steep salary cap jump. Still, we quietly had significant fantasy value changes in a few spots.

Through the lens

The Markieff Morris trade left the Suns with roughly zero established NBA scorers. That's great news for highly talented Alex Len, the No. 5 overall pick in the 2013 draft. A true 7-footer with excellent scoring ability, Len is locked into a very high usage rate when he's on the floor. And he'll be there often, both in twin-tower sets with washed-up Tyson Chandler and in some minutes at the vacated power forward spot. Len's career per-36 averages of 11.0 rebounds and 2.1 blocks show his ceiling.

Without 'Bias

The rising stardom of Aaron Gordon was starting to throw shade on Tobias Harris in Orlando. So the trade is a blessing for the 23-year-old Harris who is now part of the Pistons' core. He'll benefit from Stan Van Gundy's consistently tight rotation in which the starters push well over 30 minutes on a nightly basis. Harris will be getting closer to 40 minutes in the short-term with Stanley Johnson (shoulder) and Anthony Tolliver (knee) both sidelined.

Con-man rises

Mike Conley is the kind of player that annually slips under the radar in both real life and fantasy circles. He won't be able to do that anymore. Not only is Marc Gasol (foot) out for the season, but wings Courtney Lee and Jeff Green were both traded at the deadline. It leaves a lot of the scoring and playmaking on the very capable shoulders of Conley, who is averaging just 31.7 minutes on the year but will now be asked to play around 35.

NFL news

Heath Miller, one of the great dad runners of our time, has decided to retire at age 33. It creates a significant hole in one of the league's truly elite offenses, as Miller caught 126 passes over the last two seasons. The in-house candidate to fill the role is "The Outlaw" Jesse James, a 2015 fifth-round pick out of Penn State. James has elite leaping ability at 6'7"/261 pounds, making him a sneaky red-zone threat next season even if the Steelers add a tight end in free agency.

NBA pickups of the week

Mirza Teletovic, F, Suns
A pure shooter and instant offense off the bench. Role is secure now that Markieff Morris is gone.

Al Jefferson, C, Hornets
Solid veteran will sustain top 100 fantasy value even in a 25-minute bench role.

Shelvin Mack, G, Jazz
It took less than a week for Mack to seize the starting point guard job from inept Raul Neto.

Award-Winning Vein Clinic Announces Opening of New Office in Astoria

Nation's only coast-to-coast vein clinic offers minimally invasive varicose vein treatments

Astoria, New York, – February 8, 2016: USA Vein Clinics, the only coast-to-coast vein clinic system in the United States, has announced its plans to open a new office in Astoria. This brings to 32, the number of offices that the award winning USA Vein Clinic has across the country. The new office is located at 30-33 Steinway, in Astoria. USA Vein Clinics (USAVC) has been voted "Best Vein Clinic" numerous times because of the advanced medical treatments it offers and its documented 100% customer satisfaction rating from patients with varicose veins and other venous insufficiency conditions. The ability to detect and treat potentially life-threatening venous insufficiency conditions is one of the reasons why USAVC is the only clinic with office locations spanning the nation.

USAVC provides the most advanced, minimally invasive varicose vein treatments available on the market today, including Endovenous Laser Therapy (EVLT). Both of these procedures have a proven track record of positive outcomes and the highest documented rates of reduced pain and increased patient comfort.

The skill of USAVC specialists is proven by the positive outcomes experienced by patients. "We are fortunate to have vascular specialists with the skill and experience to detect and stop potentially fatal venous insufficiency conditions in their tracks," said USA Vein Clinics founder Yan Katsnelson, MD. "While many patients believe their problem is aching varicose veins, we sometimes find that another much more serious, and potentially life threatening venous insufficiency condition is lurking in the background, such as peripheral arterial disease (PAD). "We detect and treat these conditions, and return our patients to healthy lives."

Anyone experiencing leg aches or cramps, heaviness in the legs, restless leg syndrome, itching or burning in the legs, discoloration or non-healing wounds in the legs or ankles are urged to call and schedule a consultation immediately, even if they do not have significant varicose or spider veins.

"Even though Venous Insufficiency can be serious," said Dr. Katsnelson, "treatment is quick, painless, effective, non-invasive and covered by Medicare and most insurance plans.

To find out more about the symptoms of Venous Insufficiency, or to schedule a minimally invasive treatment for varicose or spider veins, call USA Vein Clinics at **917-717-5135**, or log onto **www.usaveinclinics.com**.

The doctors at USA Vein Clinics include graduates of Harvard and Stanford medical schools and are extensively trained in vascular medicine. USA Vein Clinics has offices in Los Angeles, Chicago, Boston, New York City, Philadelphia, Tinton, New Jersey, Washington DC, Georgia and Arkansas.

Thirty million Americans suffer with varicose veins. Fifty percent of all people over the age of 50 have varicose veins and 300,000 people a year die due to complications of vein disease. Varicose veins are painful and can cause other health issues such as ulcers and blood clots. Age, family history, obesity and occupations that require standing on the feet all day are risk factors for varicose veins.

Rangers have twice the Staal power

A day ahead of Monday's NHL trade deadline, the Rangers pulled the trigger on an exchange with the Hurricanes, bringing Eric Staal (brother of current Ranger Marc Staal) to town in exchange for second-round picks in 2016 and 2017, plus Finnish prospect Aleksi Saarela. New York hosts the Blue Jackets at 7 p.m. tonight on MSG. GETTY IMAGES

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2 bedroom	$1,025	15	2 people	$38,186 - $41,460
			3 people	$38,186 - $46,620
			4 people	$38,186 - $51,780
3 bedroom	$1,182	2	3 people	$44,275 - $46,620
			4 people	$44,275 - $51,780
			5 people	$44,275 - $55,980
			6 people	$44,275 - $60,120

* Rent includes gas for cooking.

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How Do You Apply?

Apply online or through mail. To apply online, please go to **nyc.gov/housingconnect.** To request an application **by mail, send a self-addressed envelope to: Yuco Management, Inc., 200 Park Avenue, 11th Floor, New York, NY 10166**. Only send one application per development. Do not submit duplicate applications. Do not apply online and also send in a paper application. Applicants who submit more than one application may be disqualified.

When is the Deadline?

Applications must be postmarked or submitted online no later than **APRIL 29, 2016**. Late applications will not be considered.

What Happens After You Submit an Application?

After the deadline, applications are selected for review through a lottery process. If yours is selected and you appear to qualify, you will be invited to an interview to continue the process of determining your eligibility. Interviews are usually scheduled from 2 to 10 months after the application deadline. You will be asked to bring documents that verify your household size, identity of members of your household, and your household income.

Español — Presente una solicitud en línea en nyc.gov/housingconnect. Para recibir una traducción de español de este anuncio y la solicitud impresa, envíe un sobre con la dirección a: Yuco Management, Inc., 200 Park Avenue, 11th Floor, New York, NY 10166. En el reverso del sobre, escriba en inglés la palabra "SPANISH." Las solicitudes se deben enviar en línea o con sello postal antes de 29 de ABRIL 2016.

简体中文 — 访问 nyc.gov/housingconnect 在线申请。如要获取本广告及书面申请表的简体中文版，请将您的回邮信封寄送至：Yuco Management, Inc., 200 Park Avenue, 11th Floor, New York, NY 10166. 信封背面请用英语注明 "CHINESE"。必须在以下日期之前在线提交申请或邮寄书面申请**2016年4月29日**.

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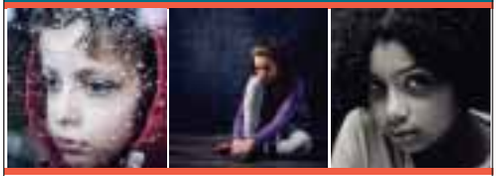

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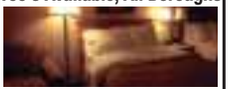

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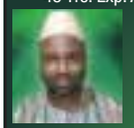

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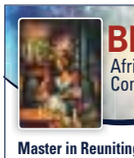

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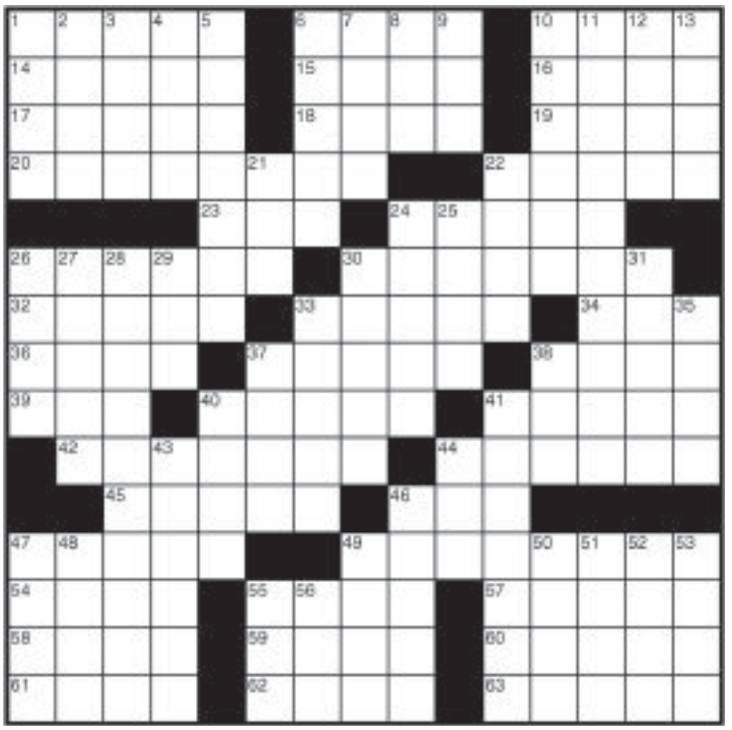

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17 Horrible bosses
18 Wrist bone
19 Opera box
20 Ain't no more (3 wds.)
22 Minced
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30 Troublesome fungi
32 Continental divider
33 Brawl
34 Ballpark figure
36 Roster
37 Fake diamonds
38 Kind of tradition
39 Banned pesticide
40 Viking incursion
41 Painter's ground
42 Round objects
44 Uninhibited
45 Moo companions
46 Kyoto honorific
47 Almanac contents
49 Locomotive sound
54 Sultry Sommer
55 Next in line
57 Fly fisherman or stork
58 Mo. expense
59 Face spots
60 Invisible swimmer (var.)
61 Lattice piece
62 Three- — sloth
63 Pine for

Down

1 A grand
2 Some are glad
3 Gael republic
4 Just scraped by
5 Broom companion
6 Question
7 Referee's guideline
8 40-cup brewer
9 Youth org.
10 Containing NaCl
11 Bad-mouth sausage?
12 He wrote "Picnic"
13 Owner's paper
21 Feedbag morsel
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25 Swiss painter Paul —
26 Unfriendly
27 They turn litmus red
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29 Wolf, say
30 Butte cousins
31 Flop's opposite
33 Stable parents
35 Tactic
37 Kind of chop
38 Above, to poets
40 Marshy areas
41 Ship's entry
43 Like laser surgery (hyph.)
44 — de cologne
46 Tear in pieces
47 Know somehow
48 It was — — mistake!
49 Film
50 Willing to try
51 Glimmering
52 Wyo. neighbor
53 The "G" in GTO
55 Head topper
56 Kind of system

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hard

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Aries Don't share personal or financial information. Hard work will be your salvation and your ticket to a better position. Romance is highlighted and will bring you closer to someone.

Taurus Lighten up. Enjoy nature or the company of someone who shares your interests. Don't give in to pressure or let someone goad you into a senseless argument.

Gemini Put your responsibilities first. Avoid covering for someone trying to use you to get ahead. You can advance if you don't overload your plate while striving for perfection.

Cancer Busy yourself with promising, exciting ventures. Don't let someone who can't keep up hold you back. Once you reach the top, offer a helping hand.

Leo Observe what everyone around you is doing. You can initiate personal change if it will not disturb plans that someone has already begun to put in place.

Virgo The more you accomplish, the less time you will have to bicker with someone intent on holding you back. Do your own thing in order to gain respect and greater opportunity.

Libra Charm, intellect and communication of your ideas will lead to good fortune and an interesting partnership. Love, excitement and adventure are in the stars.

Scorpio Opt to put your time and effort into a creative endeavor or a project that should be finished. Trying to sort out a personal matter will lead to discord.

Sagittarius Be wary of people who are in your face or pressuring you. Use intelligence and kindness when dealing with others in order to outshine anyone trying to disrupt your day.

Capricorn Bypass an erratic individual who has the potential to ruin your plans. You have everything you need to forge ahead without the help of anyone else. A change will do you good.

Aquarius Listen to the advice of others, but don't let anyone get in your way. Focus on finishing what you start and bringing about changes that will lead to a new position.

Pisces Impulsive spending will be your downfall. Look for a deal, but don't make unnecessary purchases. Money in the bank will ease stress and lead to personal stability. EUGENIA LAST

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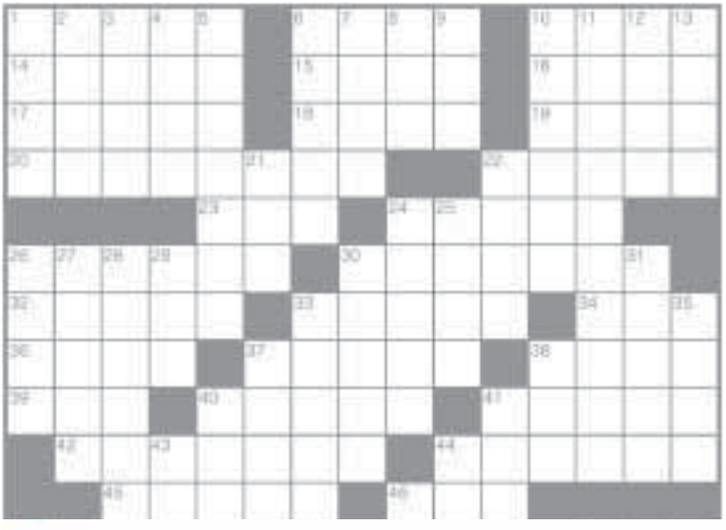

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29 Wolf, say
30 Butte cousins
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33 Stable parents
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